

BETHEL HEALTH CENTER

FAMILY MEDICINE

the right care... right at home

From sports physicals to acute care, chronic disease management, and services for the whole family.



DR. MARK SEYMOUR

EDUCATION

DO, University of New England College of Osteopathic Medicine, Biddeford, ME

BA, Colby College, Waterville, ME

RESIDENCY

University of Massachusetts Medical Center, Worcester, MA

BOARD CERTIFIED

American Board of Family Practice

CLINICAL INTEREST

Pediatrics and preventative health care



RACHEL COOMBS, MD

EDUCATION

MD, Geisel School of Medicine at Dartmouth, Hanover, NH

Post-Baccalaureate, Dartmouth College, Hanover, NH

Post-Baccalaureate, Bryn Mawr College, Bryn Mawr, PA

CPM, Birthwise Midwifery School, Bridgton, ME

BS, Brown University, Providence, RI

RESIDENCY

New Hampshire Dartmouth Family Medicine, Concord, NH

CLINICAL INTERESTS

Women's Health, Adolescent Medicine, Gender Affirming Care



SUSAN THIEVON, MS, APRN, FNP-BC

EDUCATION

MS, University of Oklahoma Health Sciences Center, Oklahoma City, OK

BS, University of Oklahoma Health Sciences Center, Oklahoma City, OK

BOARD CERTIFIED

American Nurses Credentialing Center

American Heart Association

Drug Enforcement Administration

CLINICAL INTERESTS

Family Medicine, Gender Affirming Care

SERVICES OFFERED:

- Annual physicals
- Electrocardiograms (EKGs)
- Well-child and sports physicals
- Diabetes care
- Immunizations
- Well-woman care
- Sick care
- Menopause help
- Chronic disease management
- Care coordination
- Medication management
- Osteopathic manipulation
- Blood work
- Minor procedures



To speak with a provider or schedule an appointment call: **234-9913**

giffordhealthcare.org