INDOOR WALKING ROUTE

Level 2

Start in our Main Lobby and proceed to your right past the Emergency Entrance and down the hallway. Turn right at the end of the hall, then another right down the stairwell.

Level 1

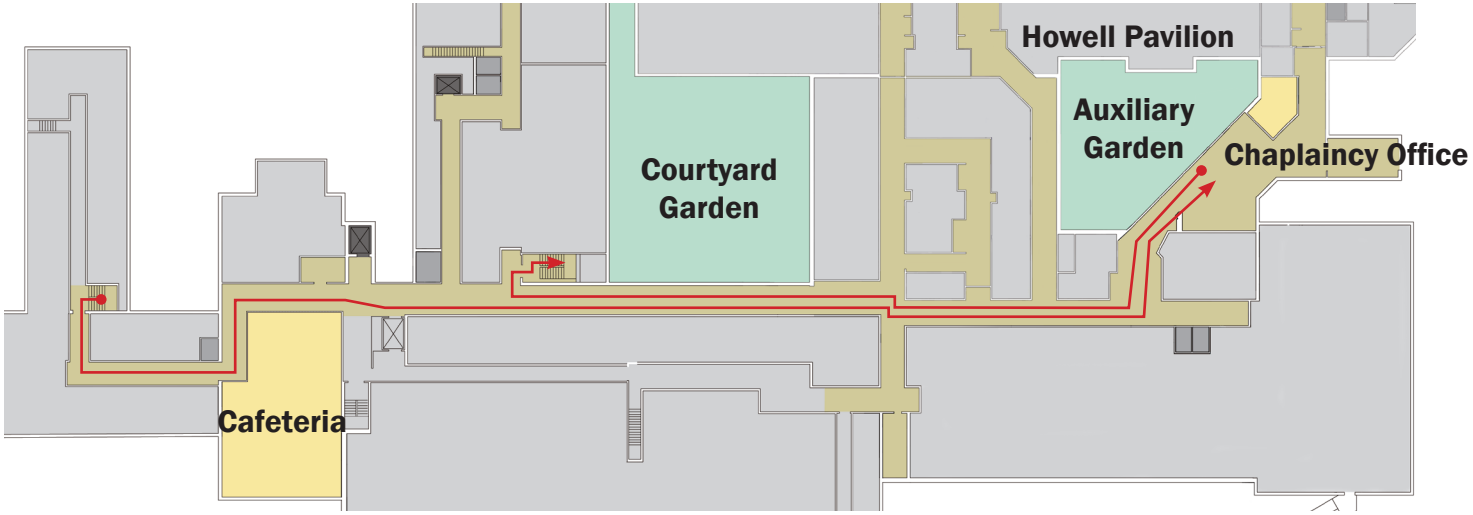
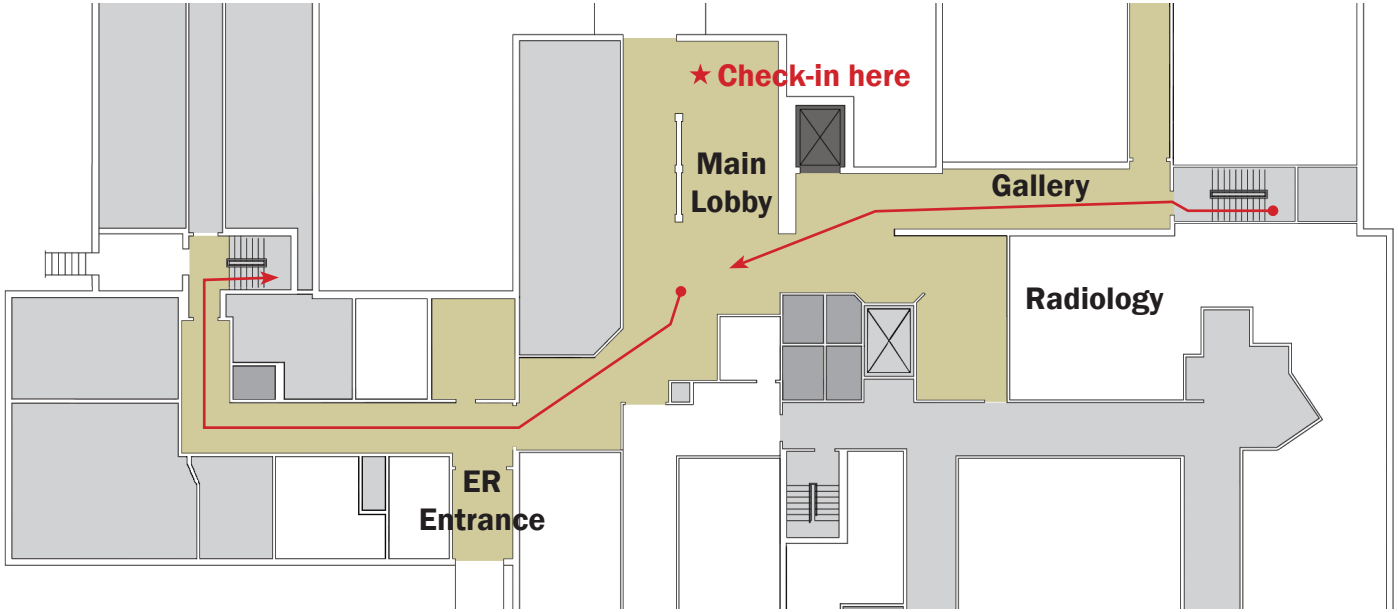
At the bottom of the stairs, take a left and follow the hallway past the Cafeteria. Continue down the long hallway, following the signs for Inpatient Care/Howell Pavilion. Pass Howell Pavilion and continue on to our Visitors Entrance where you'll turn around and head back the way you came. In the long hallway, turn right just before the display featuring Dr. Gifford and head up the stairwell to Level 2.

Level 2

You will emerge in the Gallery. Continue through the Gallery to the Main Lobby.

6 laps = 1 mile

Level 1



Level 2