

## Vermont Telephone Caregiver Support Group

Presented by: Alzheimer's Association, Vermont Chapter



To extend your network of support,  
call our 24/7 Helpline: 800.272.3900  
or visit ALZConnected®.

Join us for a caregiver support group from the comfort of  
your own home or office.

Held monthly on the 2nd Tuesday from 4:00-5:30PM.

*Facilitated by Nan Rogers*

To register for this group or other support groups, please visit:  
[tinyurl.com/AlzAssnSupportGroups](https://tinyurl.com/AlzAssnSupportGroups)

Build a support system with people who understand.

Alzheimer's Association® telephone support groups provide emotional, educational and social support for caregivers through regularly scheduled meetings. Held via telephone to accommodate individuals who are unable to travel to a meeting site, these groups help participants develop coping methods and encourage them to maintain their personal, physical and emotional health.